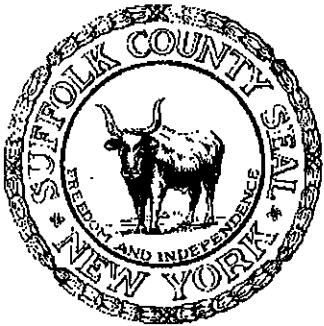


**OFFICE OF THE COUNTY EXECUTIVE  
ALL-EMPLOYEES MEMORANDUM**



**DATE:** February 24, 2010

**EMPLOYEE MEDICAL HEALTH PLAN OF SUFFOLK COUNTY  
PRESCRIPTION DRUG PLAN UPDATES**

**Preferred Medication List 2010**

Attached please find the updated **2010 Express Scripts National Preferred Medication List** for the Suffolk County EMHP. We recommend that you share this list with your doctor. Your doctor may refer to this list when prescribing medication in order for you to utilize your prescription drug plan in the most cost-efficient manner. Please be advised that EMHP has a mandatory generic requirement – generic prescribing is always preferable whenever possible so that you do not pay additional out-of-pocket costs.

This list is not all-inclusive, nor does it guarantee coverage or the lowest copayment, but it is a summary of the most commonly utilized prescription medications by EMHP enrollees. Again, **ALL GENERIC MEDICATIONS ARE PREFERRED MEDICATIONS**.

Please note that the Express Scripts National Preferred Medication List is continually updated as new products and generic medications become available. Therefore, we recommend that you periodically check the Express Scripts website, [www.express-scripts.com](http://www.express-scripts.com), for the most current information or contact them at 1-800-950-2662.

**Enhanced ESI Therapeutic Equivalent Program (“Step Therapy”)**

Also attached is the **2010 ESI Therapeutic Equivalent Program (Step Therapy) Drug List**. Step Therapy is a program designed exclusively for people who have certain conditions, including but not limited to, acid reflex/heartburn, Alzheimer's, arthritis, asthma/allergies, Attention Deficit Disorder, depression, diabetes, eczema/dermatitis, high blood pressure, high cholesterol, insomnia, osteoporosis, overactive bladder, pain/inflammation, Restless Leg Syndrome/Parkinson's Disease and other conditions that require medications to be taken regularly. In Step Therapy, medications are grouped into the following categories, based on cost:

**Front-Line (First Step) Medications:** These are the medications recommended for you to take first - usually generic medications, which have been proven safe and effective. You pay the lowest copayment for these medications.

**Back-up (Second Step) Medications:** These are brand-name medications. They are recommended for you to take only if a front-line medication does not work for you. You almost always pay more for brand-name medications.

**To Whom Does Step Therapy Apply?**

Step Therapy only affects **NEW** users or prescriptions that you have not filled in the previous **130 days**, or in the case of Topical Corticosteroid's, in the last **60 days**. Please note that using samples from the doctor does not count as taking a medication consistently.

### **If Step Therapy Applies to You, What Should You Do Now?**

When your doctor prescribes a new medication for you, ask if a generic medication is right for you. It makes good sense to ask for these medications first because they usually work as well as brand-name medications and they almost always cost less.

If you have already tried a front-line medication within the previous 130 days without success, then your doctor can prescribe a back-up medication. Although the medication will be covered under this circumstance, you will pay the applicable copayment. If your doctor decides a front-line medication is not medically appropriate for you, **your doctor** can request an override by calling Express Scripts at 1-800-417-8164.

Please note that applicable front line drugs are continually updated as new products and generic drugs become available. Therefore, we recommend that you periodically check the Express Scripts website, [www.express-scripts.com](http://www.express-scripts.com), for the most current information or you can contact Express Scripts directly at 1-800-950-2662. Step Therapy helps you get an effective medication to treat your condition while keeping your costs as low as possible. The lowest-cost Step Therapy medications also save money for your prescription-drug plan.

Should you have questions about the above benefits, please contact Express Scripts at 1-800-950-2662 or visit their website at [www.express-scripts.com](http://www.express-scripts.com).

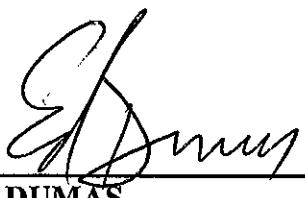
### **Drug Quantity Management Program**

The **Drug Quantity Management (DQM)** program is designed to help you get the medications you need, when you need them, in safe, economical amounts. The program follows guidelines developed by the U.S. Food & Drug Administration, medical researchers, and drug manufacturers.

Please note that the Drug Quantity Management List is continually updated as new products and generic medications become available. Therefore, we recommend that you periodically check the Express Scripts website, [www.express-scripts.com](http://www.express-scripts.com), for the most current information or contact them at 1-800-950-2662.

Again, it is recommended that you show your doctor this list for reference when prescribing medication.

Inquiries may be directed to either Express Scripts or to the Suffolk County Employee Benefits Unit, Department of Civil Service/Human Resources, via e-mail at [ebu@suffolkcountyny.gov](mailto:ebu@suffolkcountyny.gov)



---

**ED DUMAS**  
Chief Deputy County Executive for Policy  
& Communications

### **Distribution**

One copy per employee  
Attachments: (2)

# SUFFOLK COUNTY EMHP

## Step Therapy Drug List

(Effective 2/1/2010)

Drug Class	Your prescription is for one of these Back-up Drugs (second step drugs)	Your program points you to one of these Front-Line Drugs (first step drugs)
Allergies	Allegra®/D®, Clarinex®/D®, Xyzal®, Zyrtec®/D®	fexofenadine
Allergies	Rhinocort Aqua, Beconase AQ, Nasacort AQ, Nasarel, Nasonex, Flonase, Veramyst, Omnaris	fluticasone propionate, flunisolide
Allergies/Asthma	Accolate®, Singulair®, Zyflo®	<b>*Category 1:</b> flunisolide, fluticasone, Beconase AQ, Flonase®, Nasacort®/AQ, Nasalide®, Nasarel®, Nasonex®, Rhinocort®/Aqua, Veramyst® <b>*Category 2:</b> fexofenadine, Allegra®/D®, Clarinex®/D®, Xyzal®, Zyrtec®/D®
Alzheimer's	<i>Aricept, Cognex, Exelon, Razadyne/ER</i>	<i>galantamine/ER</i>
Asthma Respiratory	<i>Xopenex Inhalation Solution</i>	<i>albuterol inhalation solution, albuterol/ipratropium inhalation solution, levalbuterol inhalation solution</i>
Attention Deficit Disorder	<i>Strattera</i>	<i>Adderall, Adderall XR, Concerta, Daytrana, Desoxyn, Dexedrine, Dextroamphetamine IR, Dextroamphetamine SR, dexmethylphenidate IR, Focalin, Focalin XR, Metadate CD, Metadate ER, methamphetamine, Methylin, Methylin ER, methylphenidate ER, methylphenidate immediate release, mixed amphetamine salts IR, Ritalin LA, Ritalin SR, Vyvanse</i>
Benign Prostatic Hypertrophy	<i>Avodart</i>	<i>finasteride</i>
Depression	Wellbutrin XL®	bupropion SR/XL
Depression	Celexa™, Lexapro™, Luvox®, Paxil®/CR, Pexeva™, Prozac®, Sarafem™, Zoloft®	citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline
Depression	Cymbalta®, Effexor®/XR	citalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine
Diabetes	<i>Januvia, Janumet, Onglyza</i>	<i>metformin, metformin extended-release, metformin/glyburide, metformin/glipizide</i>
Diabetes	<i>Actos, Avandia, Actoplus Met, Avandamet, Duetact, Avandaryl</i>	<i>metformin, metformin extended-release, metformin/glyburide, metformin, glipizide, metformin/repaglinide</i>

PLEASE NOTE: This drug list is subject to change so please visit the Express Scripts website at [www.express-scripts.com](http://www.express-scripts.com) for the most current list and program criteria.

# SUFFOLK COUNTY EMHP

## Step Therapy Drug List

(Effective 2/1/2010)

Drug Class	Your prescription is for one of these Back-up Drugs (second step drugs)	Your program points you to one of these Front-Line Drugs (first step drugs)
High Blood Pressure	Accupril®, Accuretic™, Aceon®, Altace®, Capoten®, Capozide®, Lexxel®, Lotensin HCT®, Lotensin®, Lotrel®, Mavik®, Monopril® HCT, Monopril®, Prinivil®, Prinzide®, Tarka®, Uniretic®, Univasc®, Vaseretic®, Vasotec®, Zestoretic®, Zestril®	benazepril, benazepril/HCTZ, captopril, captopril/HCTZ, enalapril, enalapril/HCTZ, fosinopril, fosinopril/HCTZ, lisinopril, lisinopril/HCTZ, moexipril, moexipril/HCTZ, quinapril, quinapril/HCTZ, trandolapril, benazepril/amlodipine
High Blood Pressure	Atacand HCT®, Atacand®, Avalide®, Avapro®, Benicar™, Benicar™ HCT, Cozaar®, Diovan HCT®, Diovan®, Exforge®, Hyzaar®, Micardis®, Micardis® HCT, Teveten®, Teveten® HCT	benazepril, benazepril/HCTZ, captopril, captopril/HCTZ, enalapril, enalapril/HCTZ, fosinopril, fosinopril/HCTZ, lisinopril, lisinopril/HCTZ, moexipril, moexipril/HCTZ, quinapril, quinapril/HCTZ, trandolapril, benazepril/amlodipine
High Blood Pressure	Blocadren®, Cartrol®, Coreg/CR®, Corgard®, Corzide®, Inderal/LA®, Inderide®, InnoPran XL®, Kerlone®, Levatol®, Lopressor/HCT®, Normodyne®, Sectral®, Temolide®, Tenoretic®, Tenormin®, Toprol XL®, Trandate®, Visken®, Zebeta®, Ziac®	acebutolol, atenolol, betaxolol, bisoprolol, carvedilol, labetalol, metoprolol/ER, nadolol, pindolol, propranolol/LA, timolol, atenolol/chlorthalidone, bisoprolol/HCTZ, metoprolol/HCTZ, nadolol/bendroflumethiazide, propranolol/HCTZ
High Blood Pressure	Cardene®/SR, Dynacirc/CR®, Norvasc®, Sular®	amlodipine, amlodipine/benazepril, felodipine, isradipine, nicardipine, nifedipine/ER
High Blood Pressure	Adalat CC®, Calan/SR®, Covera-HS®, Isoptin/SR®, Plendil®, Procardia/XL®, Verelan®/PM	verapamil/SR
High Blood Pressure	Tekturna, Tekturna HCT, Valtturna	<i>benazepril, benazepril/HCTZ, benazepril/amlodipine, captopril, captopril/HCTZ, enalapril, enalapril/HCTZ, fosinopril, fosinopril/HCTZ, lisinopril, lisinopril/HCTZ, moexipril, moexipril/HCTZ, perindopril, quinapril, quinapril/HCTZ, trandolapril</i>
High Cholesterol	Altopen, Caduet, Lescol, Lescol XL, Mevacor, Pravachol, Zocor, Vytorin, Lipitor	<b>Step-One:</b> lovastatin, pravastatin, simvastatin <b>Step-Two:</b> Crestor
High Cholesterol	Tricor, Lofibra, Antara, Triglide, Lipofen, Fenoglide, Trilipix, Fibrincor	<b>fenoferate</b>
High Cholesterol	Zetia	<b>simvastatin, pravastatin, lovastatin</b> <i>(try one of these generics first to avoid being targeted by another step therapy program)</i>

PLEASE NOTE: This drug list is subject to change so please visit the Express Scripts website at [www.express-scripts.com](http://www.express-scripts.com) for the most current list and program criteria.

# SUFFOLK COUNTY EMHP

## Step Therapy Drug List

(Effective 2/1/2010)

Drug Class	Your prescription is for one of these Back-up Drugs (second step drugs)	Your program points you to one of these Front-Line Drugs (first step drugs)
<i>High Triglycerides (cholesterol)</i>	<i>Welchol</i>	<i>cholestyramine, colestipol</i>
<i>Neuropathic Pain</i>	<i>Lyrica</i>	<i> gabapentin</i>
<i>Osteoporosis (Bone Loss)</i>	<i>Fosamax tablets, Fosamax oral solution, Fosamax Plus D</i>	<i>Step-One: alendronate Step-Two: Actonel, Actonel Plus Calcium, Boniva</i>
<i>Overactive Bladder</i>	<i>Detrol, Detrol LA, Sanctura, Vesicare, Enablex, Oxytrol, Ditropan, Ditropan XL, Toviaz, Gelnique</i>	<i>oxybutynin IR, oxybutynin XL</i>
Pain/Inflammation	Anaproxy/DS®, Ansaid®, Arthrotec®, Cataflam®, Clinoril®, Daypro®, Feldene®, Indocin/SR®, Lodine/XL®, Meclomen®, Mobic®, Motrin®, Nalfon®, Naprelan®, Naprosyn®, Orudis®, Oruvail®, Ponstel®, Relafen®, Tolectin®, Toradol®, Voltaren/XR®	diclofenac, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, mefenamic acid, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin
Pain/Inflammation	Prevacid NapraPac®	omeprazole and naproxen
Pain/Inflammation	Celebrex®	diclofenac, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, mefenamic acid, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin
Pain	<i>Ultram, Ultracet, Ultram ER, Ryzolt</i>	<i>tramadol, tramadol/acetaminophen</i>
<i>Restless Leg Syndrome/Parkinson's Disease</i>	<i>Mirapex, Requip XL, Requip</i>	<i>ropinirole</i>
Skin Disorders	Elidel®, Protopic®	Aclovate, Aristocort, Cloderm, Cordran, Cutivate, Cyclocort, Diprolene/AF, Elocon, Florone/E, Halog/E, Kenalog, Locoid, Pandel, Psorcon E, Temovate, Topicort, Ultravate

**PLEASE NOTE:** This drug list is subject to change so please visit the Express Scripts website at [www.express-scripts.com](http://www.express-scripts.com) for the most current list and program criteria.

# SUFFOLK COUNTY EMHP

## Step Therapy Drug List

(Effective 2/1/2010)

Drug Class	Your prescription is for one of these Back-up Drugs (second step drugs)	Your program points you to one of these Front-Line Drugs (first step drugs)
Skin Disorders	<i>Aclovate, Ala-Scalp HP, ApexiCon, Capex, Clobex, Elocon, Halog, Florone, Kenalog, Cloderm, Cordran, Locoid, Luxiq, Olux, Pandel, Psorcon, Derma-Smooth/FS, Dermatop, Texacort, Vanos, Diprolene, Vanos, Verdeso, Desonate, Olux-Olux-E, Desowen, Cutivate, Zytopic, Nucort Lotion, Florone, Ultravate, Topicort, Lidex, Westcort, Momexin</i>	<i>aclometasone, amcinonide, betamethasone dipropionate (augmented), betamethasone dipropionate, fluocinonide, fluticasone, halobetasol, betamethasone valerate, hydrocortisone, clobetasol, hydrocortisone butyrate, desonide, desoximetasone, hydrocortisone valerate, mometasone, triamcinolone, diflorasone fluocinolone</i>
Sleep Disorders	Ambien/CR®, Lunesta®, Rozerem®, Sonata®	zolpidem
Ulcers/Acid Reflux	Aciphex®, Prilosec®, Protonix®, Zegerid®	**Step-One: omeprazole **Step-Two: Nexium®, Prevacid®

\* You must use a Front-Line Drug from Category 1 and Category 2, in either order, before using a Back-up Drug.

\*\* You must use a Front-Line Drug from Step-One then from the Step-Two before using a Back-up Drug.



**EXPRESS SCRIPTS®**



**2010 Express Scripts  
National Preferred Medication List  
For Suffolk County EMHP**

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the drug list that is at the core of the Suffolk County EMHP Prescription-Drug Plan (your prescription-drug benefit plan). The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

**PLEASE NOTE:** The symbol \* next to a drug signifies that this medication is subject to nonpreferred status when a generic is available throughout the year.

**Brand-name drugs are listed in CAPITAL letters.**

**Generic drugs are listed in lower case letters.**

<b>A</b>	ABILIFY (excluding Discmelt & solution) acarbose ACCU-CHEK MULTICLIX lancets acebutolol acetaminophen w/codeine acetazolamide ACTONEL, with calcium [QLL] ACTOPLUS MET [QLL] ACTOS [QLL] ACULAR, LS* acyclovir ADVAIR DISKUS, HFA [QLL] ADVICOR AGGRENOX albuterol [QLL] alendronate sodium [QLL] ALPHAGAN P* ALTABAX amantadine AMBIEN CR* [QLL] [ST] aminocephlyline amitriptyline amlodipine besylate amox tr/potassium clavulanate amoxicillin amphetamine salt combo [PA] anagrelide ANALPRAM-HC ANDRODERM ANDROGEL antipyrene w/benzocaine api aranelle ARANESP [INJ] [PA] ARICEPT, ODT ARIMIDEX* ARIIXTRA [INJ] ASACOL HD ASCENSIA AUTODISC, BREEZE/2 ASCENSIA CONTOUR SYSTEM ASCENSIA ELITE ASTELIN* [QLL] ASTEPRO [QLL] atenolol, -chlorthalidone atropine sulfate AUGMENTIN XR AVANDAMET [QLL] AVANDARYL [QLL] AVANDIA [QLL] AVELOX aviane AVODART AXID solution only AZASITE azathioprine AZILECT azithromycin [QLL] AZOR [ST]	balsalazide disodium balziva benazepril, /hctz BENZACLIN (excluding carekit)* benzonatate benzoyl peroxide betamethasone dp, valerate BETASERON [INJ] [QLL] bisoprolol fumarate/hctz BONIVA TAB [QLL] brimonidine tartrate bupropion, sr butalbital/apap/caffeine BYETTA [INJ] [QLL]	CYMBALTA [ST]	<b>D</b>	desmopressin acetate desonide desoximetasone dexmethylphenidate dextroamphetamine-amphetamine [PA] dextroamphetamine sulfate [PA] diclofenac sodium dicyclomine hcl DIFFERIN* [PA] diflunisal diltiazem, extended release DIOVAN, HCT [ST] diphenhydramine dipyridamole divalproex sodium dorzolamide, -timolol doxepin hcl DUAC CS DUETACT [QLL] DYNACIRC CR* [ST]	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>C</b>	calcipotriene calcitriol camila CANASA captoril, /hctz carbamazepine, xr carbidopa-levodopa, er CARDIZEM LA* carisoprodol carvedilol cefaclor, er cefadroxil cefdinir cefpodoxime ceftazidime ceftazidime CELEBREX [ST] CELLCEPT oral susp* cephalexin cesia CETROTIDE [INJ] chlorzoxazone cholestyramine choline mag trisalicylate chorionic gonadotropin [INJ] [QLL] ciclopirox cilostazol cimetidine CIPRODEX ciprofloxacin, er citalopram clarithromycin, er CLIMARA PRO [QLL] clidinium-chlordiazepoxide clindamycin phosphate clobetasol propionate clomiphene citrate clotrimazole troche clozapine colestipol COMBIPATCH CONCERTA* COPAXONE [INJ] [QLL] COREG CR* [ST] COZAAR* [ST] CREON CRESTOR [QLL] [ST] CRINONE cryselle cyclobenzaprine hcl cyclosporine, modified	calcipotriene calcitriol camila CANASA captoril, /hctz carbamazepine, xr carbidopa-levodopa, er CARDIZEM LA* carisoprodol carvedilol cefaclor, er cefadroxil cefdinir cefpodoxime ceftazidime ceftazidime CELEBREX [ST] CELLCEPT oral susp* cephalexin cesia CETROTIDE [INJ] chlorzoxazone cholestyramine choline mag trisalicylate chorionic gonadotropin [INJ] [QLL] ciclopirox cilostazol cimetidine CIPRODEX ciprofloxacin, er citalopram clarithromycin, er CLIMARA PRO [QLL] clidinium-chlordiazepoxide clindamycin phosphate clobetasol propionate clomiphene citrate clotrimazole troche clozapine colestipol COMBIPATCH CONCERTA* COPAXONE [INJ] [QLL] COREG CR* [ST] COZAAR* [ST] CREON CRESTOR [QLL] [ST] CRINONE cryselle cyclobenzaprine hcl cyclosporine, modified		<b>G</b>	gabapentin gemfibrozil GENOTROPIN [INJ] [PA] gentamicin sulfate glimepiride glipizide, er, xl glipizide/metformin GLUCAGEN [INJ] glyburide, micronized glyburide/metformin GONAL-F, RFF [INJ] granisetron [QLL]	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>E</b>	econazole EFFEXOR XR* [ST] ELIDEL [ST] eliphos ENABLEX enalapril, hctz ENBREL [INJ] [PA] [QLL] enpresse enulose EPIPEN, JR [INJ] [QLL] errin erythromycin/ benzoyl perox. ESTRADERM [QLL] estradiol, tds [QLL] estropipate etidronate disodium etofolac EVAMIST [QLL] EXELON EXFORGE, HCT [ST]	econazole EFFEXOR XR* [ST] ELIDEL [ST] eliphos ENABLEX enalapril, hctz ENBREL [INJ] [PA] [QLL] enpresse enulose EPIPEN, JR [INJ] [QLL] errin erythromycin/ benzoyl perox. ESTRADERM [QLL] estradiol, tds [QLL] estropipate etidronate disodium etofolac EVAMIST [QLL] EXELON EXFORGE, HCT [ST]		<b>H</b>	HALFLYTELY, -BISACODYL haloperidol HUMALOG [INJ] HUMATROPE [INJ] [PA] HUMIRA [INJ] [PA] [QLL] HUMULIN [INJ] hydrochlorothiazide hydrocodone acetate [QLL] hydrocortisone hydromorphone hydroxyurea hyosciamine sulfate HYZAAR* [ST]	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>I</b>	ibuprofen imipramine indometacin INTAL inh [QLL] estropipate etidronate disodium etofolac EVAMIST [QLL] isosorbide mononitrate isotretinoin [PA] itraconazole [PA] [QLL]	ibuprofen imipramine indometacin INTAL inh [QLL] estropipate etidronate disodium etofolac EVAMIST [QLL] isosorbide mononitrate isotretinoin [PA] itraconazole [PA] [QLL]		<b>J</b>	JANUMET [QLL] JANUVIA [QLL] jolessa jolivette junel, fe FLECTOR [QLL] [ST] FLOMAX*	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>F</b>	famciclovir [QLL] famotidine felodipine er fenofibrate fentanyl citrate FINACEA, PLUS finasteride FLECTOR [QLL] [ST] FLOMAX*	famciclovir [QLL] famotidine felodipine er fenofibrate fentanyl citrate FINACEA, PLUS finasteride FLECTOR [QLL] [ST] FLOMAX*		<b>K</b>	kariva kelnor KEPPRA XR ketoconazole JANUMET [QLL] JANUVIA [QLL] jolessa jolivette junel, fe FLECTOR [QLL] [ST] FLOMAX*	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>L</b>	labetalol hcl lactulose lamotrigine nasal spray [QLL]	labetalol hcl lactulose lamotrigine nasal spray [QLL]		<b>M</b>	mirtazapine, soltab moexipril/hctz mometasone monohessa morphine sulfate MOVIPREP MUSE [PA] [QLL] mycophenolate mofetil	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
<b>P</b>				<b>N</b>	nabumetone nadolol NAMENDA naproxen NASACORT AQ [QLL] NASONE [QLL] nateglinide necon NEEVO	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
				<b>O</b>	ofloxacin ogestrel omeprazole [QLL] ondansetron [QLL] ONETOUCH BASIC ONETOUCH FASTTAK ONETOUCH SURESTEP ONETOUCH ULTRA,-2,-SMART ONETOUCH ULTRAMINI OPANA ER orphenadrine citrate ORTHO TRI-CYCLEN LO OSMOPREP oxcarbazepine oxybutynin, er [QLL] oxycodone w/acetaminophen OXYCONTIN OXYTROL [QLL]	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
				<b>P</b>	paroxetine PATADAY PATANOL peg 3350/electrolyte PEGASYS [INJ] [QLL] PEG-INTRON REDIPEN [INJ] [QLL] penicillin v potassium PERFORIST [QLL] perphenazine phentermine hcl [PA] phenytoin sodium, extended pilocarpine hcl pindolol PLAVIX polymyxin b sul/trimethoprim portia PRAMOSONE PRANDIMET [QLL] PRANDIN* pravastatin PRECISION SURE DOSE PRECISION XTRA prednisolone prednisolone acetate	fluvoxamine maleate folic acid FORADIL [QLL] FORTEO [INJ] [QLL] fortical fosinopril, /hctz FOSRENOL	<b>LANTUS, SOLOSTAR [INJ]</b>	neomycin/polymyxin/ dexamethasone neomycin/polymyxin/hc NEVANAC NEXUM [QLL] [ST] NIASPAN nifedipine er nisoldipine nitrofurantoin macrocrystal nitroglycerin <b>NITROLINGUAL SPRAY</b> nizatidine nora-be nortrel NOVOFINE NOVOLIN [INJ] NOVOLOG [INJ] NUTROPIN, AQ [INJ] [PA] nystatin
					(continued)			

**THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2010 THROUGH DECEMBER 31, 2010. THIS LIST IS SUBJECT TO CHANGE. PLEASE CHECK WEBSITE FOR UP TO DATE LISTING.**

You can get more information and updates to this document at our web site at [www.express-scripts.com](http://www.express-scripts.com).

prednisone  
 PREMARIN  
 PREMPHASE  
 PREMPRO  
 PRENATE ELITE  
 previtem  
 PRISTIQ [ST]  
 PROAIR HFA [QLL]  
 PROCHIEVE  
 prochlorperazine  
 PROCRIT [INJ] [PA]  
 promethazine  
 promethazine w/codeine  
 promethazine w/dm  
 PROMETRIUM  
 propranolol hcl, w/hctz  
 PROTOPIC\* [ST]  
 pseudoephedrine  
 w/chlorpheniramine  
 PULMICORT  
 FLEXHALER [QLL]  
 PYLERA

Q  
 quasense  
 quinapril  
 quinaretic  
 QVAR [QLL]

R  
 ramipril  
 RANEXA  
 ranitidine  
 REBIF [INJ] [QLL]  
 recipsen  
 RELLENZA [QLL]  
 RENAGEL  
 RENVELA  
 repprexain  
 REQUIP XL  
 RESTASIS [QLL]  
 ribasphere  
 ribavirin  
 risperidone, odt  
 ropinirole  
 RYTHMOL SR

S  
 salsalate  
 selenium sulfide  
 SEREVENT DISKUS [QLL]  
 SEROQUEL, XR  
 sertraline  
 SIMCOR  
 simvastatin  
 SINGULAR [ST]  
 SKELAXIN\*  
 sodium sulfacetamide/  
 sulfur  
 SOFT TOUCH lancets  
 SOFTCLIX lancets  
 solia  
 SOMATULINE DEPOT [INJ]  
 SPIRIVA [QLL]  
 sprintec  
 stronyx  
 STRATTERA  
 STRIANT  
 SULAR [ST]  
 sulfacetamide sodium  
 sulfasalazine  
 sumatriptan  
 tab, inj [QLL]  
 SYMBICORT [QLL]  
 SYMBYAX  
 SYMLIN, SYMLINPEN  
 [INJ] [QLL]

T  
 TAMIFLU [QLL]  
 tamoxifen  
 TAZORAC  
 TEKTURNA, HCT

temazepam  
 terbinafine hcl [PA]  
 terbutaline sulfate  
 theophylline,  
 anhydrous, er  
 thioridazine hcl  
 thyroid  
 tilia fe  
 timolol maleate  
 tobramycin sulfate  
 topiramate  
 TRACLEER  
 trandolapril  
 trazodone hcl  
 tretinoin [PA]  
 TREXIMET [QLL]  
 triamcinolone acetonide  
 triazolam  
 tri-legest fe  
 TRILIPPIX  
 trimethobenzamide  
 trimethoprim  
 triressa  
 tri-previtem  
 tri-sprintec  
 trivora  
 TUSSICAPS  
 TUSSIONEX  
 TWINJECT [INJ] [QLL]

U  
 ULTRASE -MT  
 UROXATRAL  
 ursodiol  
 V  
 VAGIFEM  
 VALTREX\* [QLL]  
 VECTICAL  
 velvet  
 venlafaxine  
 (immediate release)  
 VENTOLIN HFA [QLL]  
 VERAMYST [QLL]  
 verapamil hcl  
 veripred  
 VESICARE  
 VIAGRA [PA] [QLL]  
 VIGAMOX  
 VIMPAT  
 VIVELLE-DOT [QLL]  
 VOLTAREN GEL [ST]  
 VVANSE [PA]

W  
 warfarin  
 WELCHOL

X  
 XALATAN  
 XOPENEX neb solution

Y  
 YAZ

Z  
 zaleplon [QLL]  
 zamicet  
 zenchent  
 ZETIA  
 zolpidem tartrate [QLL]  
 ZOMIG, ZMT [QLL]  
 zonisamide  
 zovia  
 ZYLET  
 ZYMAR\*

(excluding Zydis)

## Examples of Nonpreferred Medications With Selected Preferred Alternatives

The following is a list of some nonpreferred brand-name medications with examples of selected preferred alternatives.

Column 1 lists examples of nonpreferred medications.  
 Column 2 lists some alternatives that can be prescribed.

Thank you for your compliance.

Nonpreferred	Preferred Alternative	Nonpreferred	Preferred Alternative
ACCALOTE [ST]	Singular [ST]	GELANIQUE [QLL]	oxybutynin er [QLL], Oxytrol [QLL]
ACCU-CHEK meters/strips	Ascensis, OneTouch	GEODON	risperidone, Abilify (regular tabs), Serquel/IR, Zyprexa (non-Zydis)
ACIPHEX [ST]	omeprazole [QLL], Nexium [QLL] [ST]	IMITREX Nasal [QLL]	Zomig Nasal [QLL]
ADDERALL XR [PA]	dextroamphetamine-amphetamine [PA]	INVEGA	risperidone, Abilify (regular tabs), Serquel/IR, Zyprexa (non-Zydis)
AEROBID, M [QLL]	Flovent Diskus/HFA [QLL], Pulmicort Flexhaler [QLL], Qvar [QLL]	IQUIX	ciprofloxacin, Vigamox, Zymar*
ALAMAST	Pataday, Patanol	KADIAN	morphine sulfate er
ALOCRIL	Pataday, Patanol	KAPIDEX [QLL] [ST]	omeprazole [QLL], Nexium [QLL] [ST]
ALOMIDE	Pataday, Patanol	LESCOL, XL [ST]	lovastatin, pravastatin, simvastatin, Crestor [QLL] [ST], Lipitor [ST]
ALORA [QLL]	Generic patches [QLL], Estraderm [QLL], Vivelle-Dot [QLL]	LUNESTA [QLL] [ST]	Viagra [PA] [QLL]
ALTOPREV [ST]	lovastatin, pravastatin, simvastatin, Crestor [QLL] [ST], Lipitor [ST]	LEVITRA [PA] [QLL]	fenoferate, Trilipix
ALVESCO [QLL]	Flovent Diskus/HFA [QLL], Pulmicort Flexhaler [QLL], Qvar [QLL]	LIPOFEN	zolpidem tartrate [QLL], Ambien CR* [QLL] [ST]
AMERGE [QLL]	sumatriptan tab [QLL], Maxalt/MLT [QLL], Zomig/ZMT [QLL]	MENOSTAR [QLL]	ProAir HFA [QLL], Ventolin HFA [QLL]
ANGELIQ	Prempro/Premphase	MAXAIR	Generic patches [QLL], Estraderm [QLL], Vivelle-Dot [QLL]
ANTARA	fenoferate, Trilipix	AUTOHALER [QLL]	dextroamphetamine-amphetamine [PA], methylphenidate, Concerta*, Vyvanse
APIORA	Humalog, Novolog	METADATE CD	Cozaar* [ST], Diovan [ST]
APRISO	balsalazide, Asacol/HD, Lialda	MICAROS [ST]	Diovan HCT [ST], Hyzaar* [ST]
ASMANEX [QLL]	Flovent Diskus/HFA [QLL], Pulmicort Flexhaler [QLL], Qvar [QLL]	MICARDIS HCT [ST]	Genotropin [PA], Humatropote [PA]
ATACAND [ST]	Diogen [ST], Diovan [ST]	NORDITROPIN [PA]	Nutropin/AQ [PA]
ATACAND HCT [ST]	tretinoin [PA], Differin* [PA]	NOROXIN	ciprofloxacin/er, ofloxacin, Avelox, Levaquin
ATRALIN [PA]	Diovan HCT [ST], Hyzaar* [ST]	NUVARING	Ortho Tri-Cyclen Lo, Yaz
AVALIDE [ST]	tretinoin [PA], Differin* [PA]	OMNARIS [QLL]	flunisolide [QLL], fluticasone [QLL], Nasacort AQ [QLL], Nasonex [QLL]
AVAPRO [ST]	Diovan HCT [ST], Hyzaar* [ST]	Veramyst [QLL]	Veramyst [QLL]
AVINZA	Cozaar* [ST], Diovan [ST]	OMNITROPE [PA]	Genotropin [PA], Humatropote [PA]
AVITA [PA]	morphine sulfate er	OPTINAR	Nutropin/AQ [PA]
AXERT [QLL]	trelkinoin [PA], Differin* [PA]	ORTHO EVRA	Ortho Tri-Cyclen Lo, Yaz
AZMACORT [QLL]	sumatriptan tab [QLL], Maxalt/MLT [QLL], Zomig/ZMT [QLL]	PATANASE [QLL]	flunisolide [QLL], fluticasone [QLL], Nasacort AQ [QLL], Nasonex [QLL]
AZOPT	Flovent Diskus/HFA [QLL], Pulmicort Flexhaler [QLL], Qvar [QLL]	PRECISION PCX, QID	Veramyst [QLL]
BECONASE AQ [QLL]	brimonidine tartrate, dorzolamide, Alphagan P*	PREFEST	Genotropin [PA], Humatropote [PA]
BENICAR [ST]	flunisolide [QLL], fluticasone [QLL], Nasacort AQ [QLL], Nasonex [QLL], Veramyst [QLL]	PREVACID [QLL] [ST]	Nutropin/AQ [PA]
BENICAR HCT [ST]	Cozaar* [ST], Diovan [ST]	PREVPAC [QLL]	ProAir HFA [QLL], Ventolin HFA [QLL]
BESIVANCE	Diovan HCT [ST], Hyzaar* [ST]	PROZAC WEEKLY [ST]	fluoxetine (daily), citalopram, paroxetine, sertraline, Lexapro [ST]
BRAVELLE	ciprofloxacin, Vigamox, Zymar*	QUIXIN	Ascelin* [QLL], Astepro [QLL]
BROVANA [QLL]	Gonal-F/RRF	RAPAFLO	Proventil HFA [QLL]
CARDENE SR [ST]	Performist [QLL]	RELPAK [QLL]	sumatriptan tab [QLL], Maxalt/MLT [QLL], Zomig/ZMT [QLL]
CEDAX	amlodipine, felodipine er, nifedipine er, Dynacirc CR* [ST], Sular [ST]	RETIN-A MICRO [PA]	tretinoin [PA], Differin* [PA]
CENESTIN	amox/tr/potassium clavulanate, cefdinir, Augmentin XR	RHINOCORT AQUA [QLL]	flunisolide [QLL], fluticasone [QLL], Nasacort AQ [QLL], Nasonex [QLL]
CETRAXOL	estradiol [QLL], Menest, Premarin	RITALIN LA	Veramyst [QLL]
CIALIS [PA] [QLL]	Ciprorex	SAIZEN [PA]	dextroamphetamine-amphetamine [PA], methylphenidate, Concerta*, Vyvanse
CIMzia [PA]	Viagra [PA] [QLL]	SANCTURA, XR	Genotropin [PA], Humatropote [PA]
CIPRO HC	Enbrel [PA] [QLL], Humira [PA] [QLL]	SIMPONI [PA]	Nutropin/AQ [PA]
DETROL, LA	Ciprorex	SOF-TACT	oxybutynin/er [QLL], Enablex, Vesicare
DIVIGEL [OL]	oxybutynin/er [QLL], Enablex, Vesicare	SPECTRACEF	Enbrel [PA] [QLL], Humira [PA] [QLL]
DUREZOL	Generic patches [QLL], Evamist [QLL]	STARLIX	Ascenisia, OneTouch
EDEX [PA] [QLL]	Generic steroids, Lotemax	SUMATRIPTAN	amox/tr/potassium clavulanate, cefdinir, Augmentin XR
EDOLUAR [QLL] [ST]	Celecoxib [PA] [QLL], Muse [PA] [QLL]	Nasal [QLL]	nateglinide
ELESTAT	zolpidem tartrate [QLL]	TESTIM	Zomig Nasal [QLL]
ELESTRIN [QLL]	Ambien CR* [QLL] [ST]	TEVETEN [ST]	levothyroxine sodium, levoxyd
EMADINE	Pataday, Patanol	TEVETEN HCT [ST]	Androderm, Androgel
ENDUVA	estradiol [QLL], Menest, Premarin	TEV-TROPIN [PA]	Cozaar* [ST], Diovan [ST]
EPOGEN [PA]	Anares [PA], Procrit [PA]	TOVIÄZ	Diovan HCT [ST], Hyzaar* [ST]
ESTRASORB [QLL]	Generic patches [QLL], Evamist [QLL]	TRAVATAN, Z	Genotropin [PA], Humatropote [PA]
ESTROGEL [QLL]	Generic patches [QLL], Evamist [QLL]	TRICOR	Nutropin/AQ [PA]
FACTIVE [QLL]	Ciprofloxacin/er, ofloxacin, Avelox, Levaquin	TRIGLIDE	oxybutynin/er [QLL], Enablex, Vesicare
FemHRT	Prempro/Premphase	VENLAFAXINE ER [ST]	Lumigan, Xalatan
FEMTRACE	estradiol [QLL], Menest, Premarin	VYTORIN [ST]	fenoferate, Trilipix
FENOGLIDE	fenofibrate, Trilipix	XIBROM	fenoferate, Trilipix
FERTINEX	fenoferate, Trilipix	XOPENEX HFA [QLL]	Cymbalta [ST], Effexor XR* [ST], Pristiq [ST]
FML FORTE	Gonal-F/RRF	ZEGERID [QLL] [ST]	simvastatin, Crestor [QLL] [ST], Lipitor [ST]
FOCALIN, XR	Generic steroids, Lotemax		dichlorfenac sodium, Acular/LS*, Nevanac
FOLLISTIM AQ	dexamethasone/prednisolone, dextroamphetamine-amphetamine [PA], Concerta*, Vyvanse		ProAir HFA [QLL], Ventolin HFA [QLL]
FREESTYLE	Gonal-F/RRF		omeprazole [QLL], Nexium [QLL] [ST]
FROVA [QLL]	Ascenisia, OneTouch		
ZETIA	sumatriptan tab [QLL], Maxalt/MLT [QLL], Zomig/ZMT [QLL]		

### KEY

The symbol [INJ] next to a drug name indicates that the drug is available in injectable form only.  
 The symbol [PA] next to a drug name indicates that a Prior Authorization is required for coverage.  
 The symbol [QLL] next to a drug name indicates that a Quantity Level Limit may apply to certain strengths and/or doses of this medication.  
 The symbol [ST] next to a drug name indicates that Step Therapy may apply to some or all strengths of the drug.  
 For the member: Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.  
 For the physician: Please prescribe preferred products and allow generic substitutions when medically appropriate. Thank you.  
 Brand-name drugs are listed in CAPITAL letters.  
 Generic drugs are listed in lower case letters.

THIS DOCUMENT LIST IS EFFECTIVE JANUARY 1, 2010 THROUGH DECEMBER 31, 2010. THIS LIST IS SUBJECT TO CHANGE. PLEASE CHECK WEBSITE FOR UP TO DATE LISTING.  
 You can get more information and updates to this document at our web site at [www.express-scripts.com](http://www.express-scripts.com).